



## **Neighborhood Based Community Services Program**

**Abbreviated Quarter 1 SFY2010-2011**

**Activity and Demographic Report**

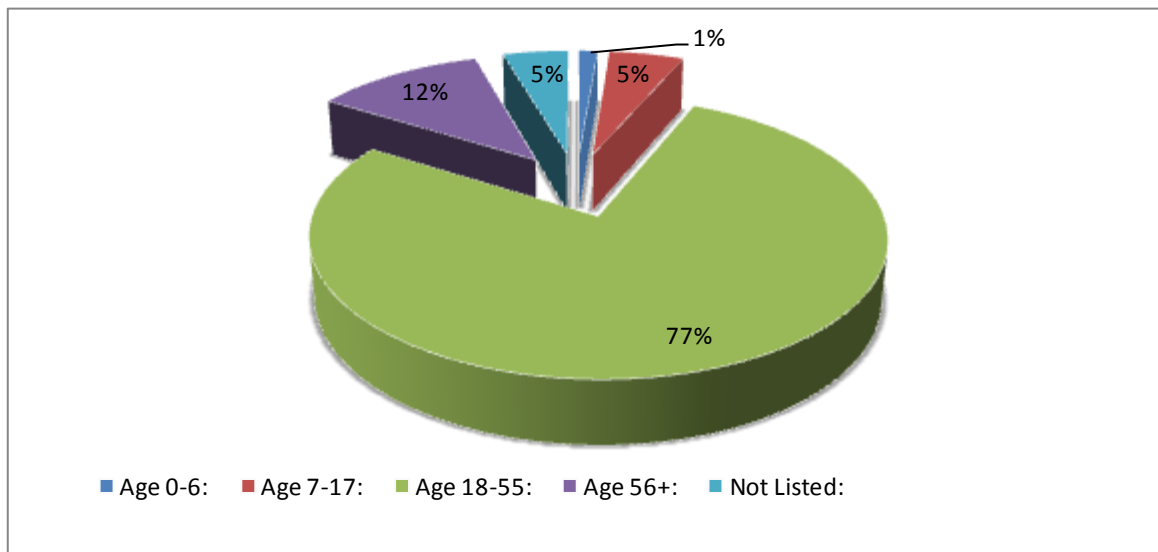
This report has been reviewed by and received input from all participating program providers, the Neighborhood Based Program Manager, the Neighborhood Based Community Services Program Advisory Board and the Division of Mental Health and Addictions. Please note: this report contains information for the months of July and August 2010.

The report is designed to reflect the total number of persons served throughout the program; therefore all persons are represented regardless of service type (e.g. couples and family members seen in session are all included in the contact numbers).

### ***Program Demographic Summary- Individual Sessions***

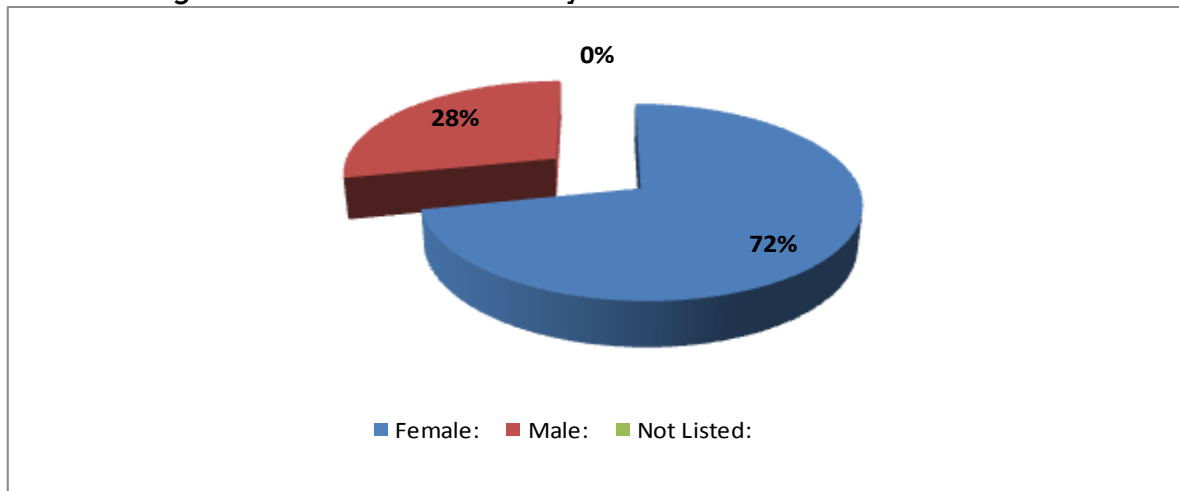
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#### **I. Percentage of Individual Sessions by Age Groupings:**



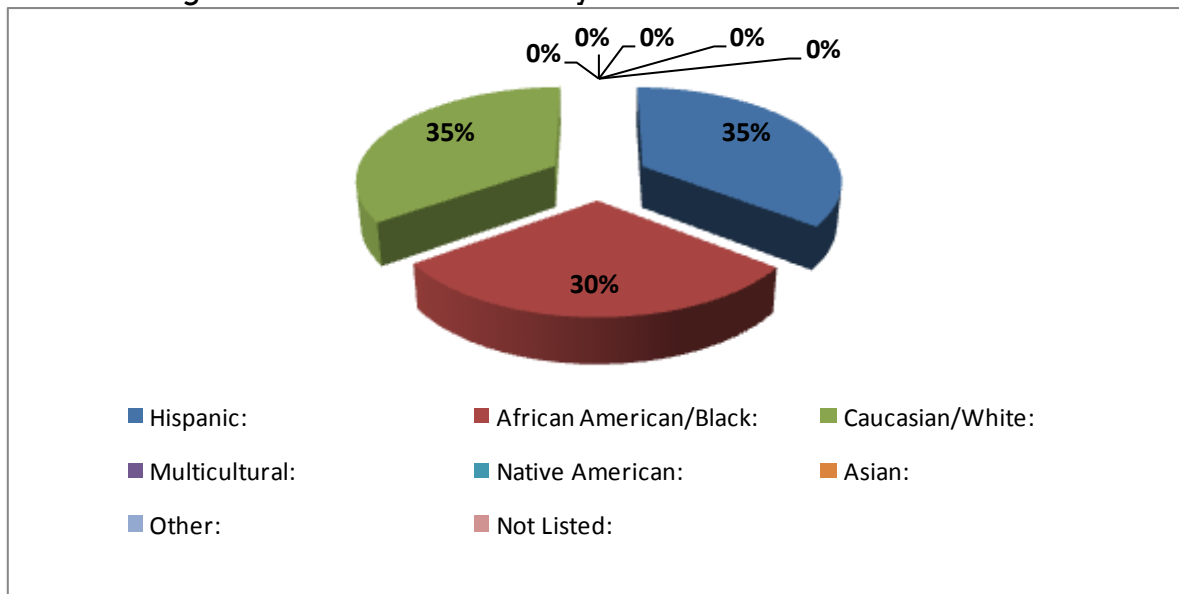
Individual Sessions by Age	Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total
Age 0-6:	2				2
Age 7-17:	8				8
Age 18-55:	120				120
Age 56+:	18				18
Not Listed:	7				7
Totals:	155				155

## II. Percentage of Individual Sessions by Sex:



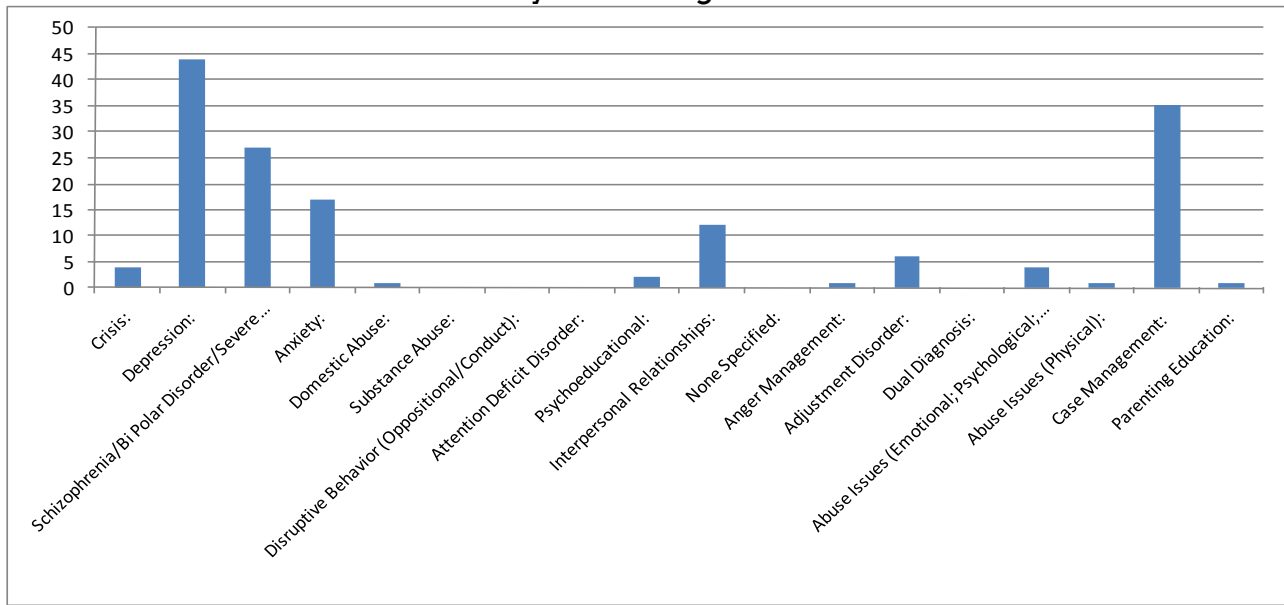
Individual Sessions by Sex	Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total
Female:	111				111
Male:	44				44
Not Listed:					
Totals:	155				155

## III. Percentage of Individual Sessions by Race:



Individual Sessions by Race	Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total
Hispanic:	55				55
African American/Black:	46				46
Caucasian/White:	54				54
Multicultural:					
Native American:					
Asian:					
Other:					
Not Listed:					
Totals:	155				155

#### IV. Number of Individual Sessions by Presenting Issues:

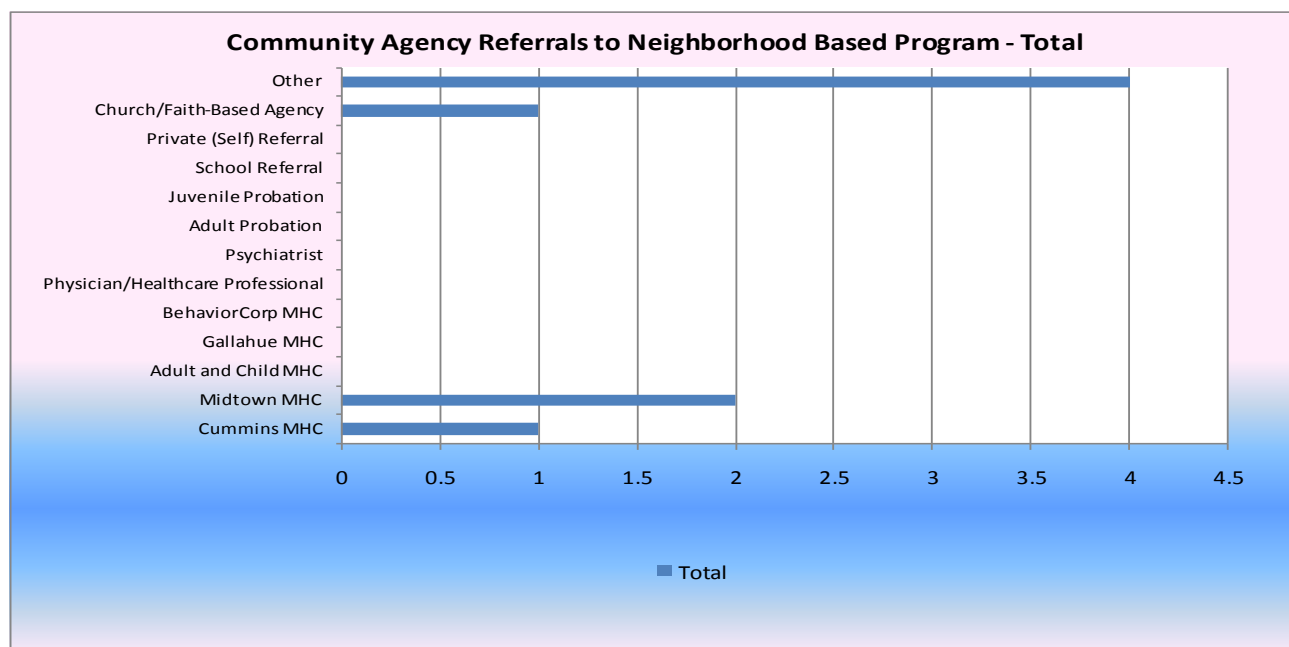
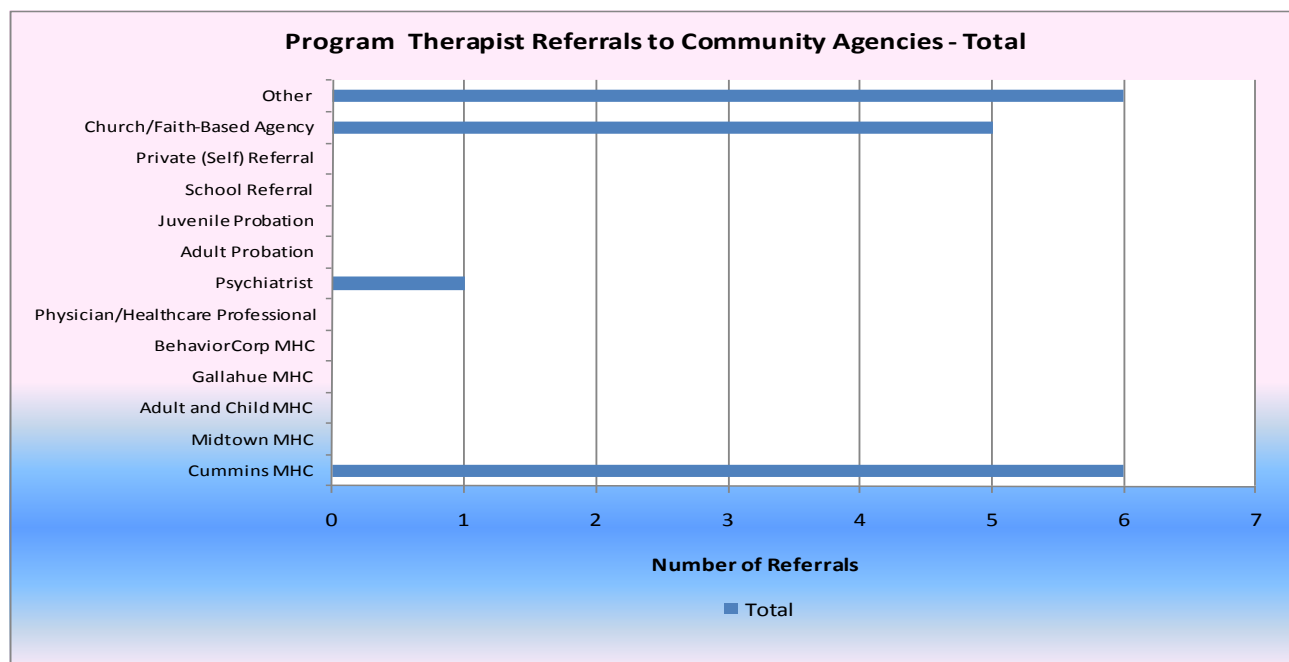


Individual Sessions by Presenting Issue:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total
Crisis:	4				4
Depression:	44				44
Schizophrenia/Bi Polar Disorder/Severe Personality Disorders:	27				27
Anxiety:	17				17
Domestic Abuse:	1				1
Substance Abuse:					
Disruptive Behavior (Oppositional/Conduct):					
Attention Deficit Disorder:					
Psychoeducational:	2				2
Interpersonal Relationships:	12				12
None Specified:					
Anger Management:	1				1
Adjustment Disorder:	6				6
Dual Diagnosis:					
Abuse Issues (Emotional; Psychological; Verbal):	4				4
Abuse Issues (Physical):	1				1
Case Management:	35				35
Parenting Education:	1				1
Totals:	155				155

***Program Summary - All Service Categories***

<b>Comparison of Total Number Service Category Sessions Versus Unduplicated Number of Persons Seen/Served</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
<b>Total Number of Individual Sessions:</b>	155				155
<b>Total Unduplicated Persons Seen (Individual Sessions):</b>	78				78
<b>Total Number of Participants for Family Counseling:</b>	6				6
<b>Total Unduplicated Persons Seen (Family Sessions):</b>	4				4
<b>Total Number of Participants for Couples Counseling:</b>	6				6
<b>Total Unduplicated Persons Seen (for Couples Counseling):</b>	5				5
<b>Total Number of Group Contacts:</b>	584				584
<b>Total Unduplicated Persons Seen (in Group):</b>	263				263
<b>Total Number of Phone Contacts:</b>	30				30
<b>Total Unduplicated Phone Contacts:</b>	22				22
<b>Total Number of Sessions/Contacts</b>	<b>781</b>				<b>781</b>
<b>Total Unduplicated Persons Seen/Served (across all categories)</b>	<b>352</b>				<b>352</b>

## Program Summary - All Referral Activity



### **Please Note:**

*Other in referral sections refers to referrals to or from: community center staff, faith-based organizations and food pantries, domestic violence centers/shelters, and child welfare agencies.*

## **Program Summary – La Plaza Center Martha Melloy, Provider**

### **I. Individual Sessions by Age Groupings:**

<b>Individual Sessions by Age</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
Age 0-6:					
Age 7-17:					
Age 18-55:	48				48
Age 56+:	5				5
Not Listed:	1				1
<b>Totals:</b>	<b>54</b>				<b>54</b>

### **II. Individual Sessions by Sex:**

<b>Individual Sessions by Sex</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
Female:	47				47
Male:	7				7
Not Listed:					
<b>Totals:</b>	<b>54</b>				<b>54</b>

### **III. Individual Sessions by Race:**

<b>Individual Sessions by Race</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
Hispanic:	53				53
African American/Black:					
Caucasian/White:	1				1
Multicultural:					
Native American:					
Asian:					
Other:					
Not Listed:					
<b>Totals:</b>	<b>54</b>				<b>54</b>

### **IV. Individual Sessions by Presenting Issues:**

<b>Individual Sessions by Presenting Issue:</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
Crisis:					
Depression:	25				25
Schizophrenia/Bi Polar Disorder/Severe Personality Disorders:	1				1
Anxiety:	7				7
Domestic Abuse:	1				1
Substance Abuse:					
Disruptive Behavior (Oppositional/Conduct):					
Attention Deficit Disorder:					
Psychoeducational:					
Interpersonal Relationships:	7				7
None Specified:					
Anger Management:					
Adjustment Disorder:	4				4
Dual Diagnosis:					
Abuse Issues (Emotional; Psychological; Verbal):					
Abuse Issues (Physical):					
Case Management:	9				9
Parenting Education:					
<b>Totals:</b>	<b>54</b>				<b>54</b>

## La Plaza Summary - All Service Categories

Comparison of Total Number Service Category Sessions Versus Unduplicated Number of Persons Seen/Served	Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total
Total Number of Individual Sessions:	54				54
Total Unduplicated Persons Seen (Individual Sessions):	34				34
Total Number of Participants for Family Counseling:					
Total Unduplicated Persons Seen (Family Sessions):					
Total Number of Participants for Couples Counseling:	6				6
Total Unduplicated Persons Seen (for Couples Counseling):	5				5
Total Number of Group Contacts:	1				1
Total Unduplicated Persons Seen (in Group):	1				1
Total Number of Phone Contacts:	9				9
Total Unduplicated Phone Contacts:	8				8
Total Number of Sessions/Contacts	70				70
Total Unduplicated Persons Seen/Served (across all categories)	47				47

**\* NOTE:** where there are blank green spaces in the hour's report – that depicts no time worked during that week (vacation time). Also note in 1<sup>st</sup> quarter – due to cutting the quarter early, there are no hours entered for weeks 10-13 which will be hours for the month of September that will be added when 2<sup>nd</sup> quarter reporting is submitted.

## La Plaza – Therapist Hours

Week Number:	Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total
1	32				32
2	32				32
3	40				40
4	40				40
5	40				40
6	40				40
7					
8	32				32
9	32				32
10					
11					
12					
13					
Totals:	288				288

**La Plaza – Referral Activity**

<b>LaPlaza Program Therapist Referrals to Community Agencies</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
Cummins MHC					
Midtown MHC					
Adult and Child MHC					
Gallahue MHC					
BehaviorCorp MHC					
Physician/Healthcare Professional					
Psychiatrist	1				1
Adult Probation					
Juvenile Probation					
School Referral					
Private (Self) Referral					
Church/Faith-Based Agency	1				1
Other	1				1

<b>Community Agency Referrals to LaPlaza - Neighborhood Based Program</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
Cummins MHC					
Midtown MHC					
Adult and Child MHC					
Gallahue MHC					
BehaviorCorp MHC					
Physician/Healthcare Professional					
Psychiatrist					
Adult Probation					
Juvenile Probation					
School Referral					
Private (Self) Referral					
Church/Faith-Based Agency					
Other					

**La Plaza – Number of HAP Registrations in Quarter**

<b>Q1</b>	<b>Q2</b>	<b>Q3</b>	<b>Q4</b>	<b>Total</b>
25				25



## ***La Plaza Center Report***

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### **Current Therapist:** Martha Melloy

#### **Consumer Related & Center Activities**

- Martha continues to provide services at La Plaza. Martha continues to provide group services for women (as a specialized mental health focused support group), and an addictions group for court-ordered clients.
- The program manager is continuing to market the MH program at La Plaza. La Plaza also has information re: mental health program located at the front desk with the receptionist for clients as they come into or are departing from the center.
- 9 initial assessments were completed during the 1<sup>st</sup> quarter.

#### **Staff Related Activities**

- Martha continues to work as a team with several of the staff at La Plaza. She continues to work closely with the receptionist who takes client calls, sets intake appointments, and checks clients in for appointments.
- Martha also continues to receive referrals by staff as well as refer clients to staff at La Plaza for other needs that can be met through other center staff.
- Martha provided mental health education to 9 staff at La Plaza during 1<sup>st</sup> quarter. She provided information regarding: attitude and brain functioning.

#### **Community Education/Activity**

- Martha participated in aiding staff in preparation for Fiesta 2010. Fiesta is scheduled for 9/18/2010 in downtown Indianapolis. This is a main event that La Plaza hosts each year for the Hispanic community.

#### **Monthly/Bi-Monthly Meetings**

- 8/4/2010 – Quarterly Therapist meeting was conducted. Review of 4<sup>th</sup> quarter reporting for each center and the overall program was conducted. Each Therapist reviewed their center happenings, and also discussed cases that each Therapist and Program Manager could provide feedback and support of. Program Manager introduced new Therapist who began at Forest Manor in June 2010. Program Manager discussed deadlines for turning in all data and information for quarterly reporting, and had a discussion with Therapists re: timelines and changes to current reporting timelines. Next meeting scheduled for early November 2010 by Becca Sigafus as Program Manager will be on maternity leave.
- 25 ANSA's completed during 1<sup>st</sup> quarter. No staff meetings were attended during 1<sup>st</sup> quarter.
- Next meeting September 2010.

**Program Summary – Forest Manor Center Amber Bevars, Provider****I. Individual Sessions by Age Groupings:**

<b>Individual Sessions by Age</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
Age 0-6:	2				2
Age 7-17:	5				5
Age 18-55:	35				35
Age 56+:	1				1
Not Listed:	6				6
<b>Totals:</b>	<b>49</b>				<b>49</b>

**II. Individual Sessions by Sex:**

<b>Individual Sessions by Sex</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
Female:	32				32
Male:	17				17
Not Listed:					
<b>Totals:</b>	<b>49</b>				<b>49</b>

**III. Individual Sessions by Race:**

<b>Individual Sessions by Race</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
Hispanic:					
African American/Black:	41				41
Caucasian/White:	8				8
Multicultural:					
Native American:					
Asian:					
Other:					
Not Listed:					
<b>Totals:</b>	<b>49</b>				<b>49</b>

**IV. Individual Sessions by Presenting Issues:**

<b>Individual Sessions by Presenting Issue:</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
Crisis:	3				3
Depression:	7				7
Schizophrenia/Bi Polar Disorder/Severe Personality Disorders:	3				3
Anxiety:	2				2
Domestic Abuse:					
Substance Abuse:					
Disruptive Behavior (Oppositional/Conduct):					
Attention Deficit Disorder:					
Psychoeducational:	2				2
Interpersonal Relationships:	3				3
None Specified:					
Anger Management:					
Adjustment Disorder:	1				1
Dual Diagnosis:					
Abuse Issues (Emotional; Psychological; Verbal):	1				1
Abuse Issues (Physical):					
Case Management:	26				26
Parenting Education:	1				1
<b>Totals:</b>	<b>49</b>				<b>49</b>

### ***Forest Manor Center Summary - All Service Categories***

<b>Comparison of Total Number Service Category Sessions Versus Unduplicated Number of Persons Seen/Served</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
<b>Total Number of Individual Sessions:</b>	49				49
<b>Total Unduplicated Persons Seen (Individual Sessions):</b>	19				19
<b>Total Number of Participants for Family Counseling:</b>					
<b>Total Unduplicated Persons Seen (Family Sessions):</b>					
<b>Total Number of Participants for Couples Counseling:</b>					
<b>Total Unduplicated Persons Seen (for Couples Counseling):</b>					
<b>Total Number of Group Contacts:</b>	169				169
<b>Total Unduplicated Persons Seen (in Group):</b>	114				114
<b>Total Number of Phone Contacts:</b>	14				14
<b>Total Unduplicated Phone Contacts:</b>	9				9
<b>Total Number of Sessions/Contacts</b>	232				232
<b>Total Unduplicated Persons Seen/Served (across all categories)</b>	128				128

**\* NOTE:** where there are blank green spaces in the hour's report – that depicts no time worked during that week (vacation time). Also note in 1<sup>st</sup> quarter – due to cutting the quarter early, there are no hours entered for weeks 10-13 which will be hours for the month of September that will be added when 2<sup>nd</sup> quarter reporting is submitted.

### ***Forest Manor – Therapist Hours***

<b>Week Number:</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
1	16				16
2	32				32
3	33				33
4	23				23
5	32				32
6	32				32
7	36				36
8	16				16
9	4				4
10					
11					
12					
13					
<b>Totals:</b>	224				224

**Forest Manor – Referral Activity**

<b>Forest Manor Program Therapist Referrals to Community Agencies</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
Cummins MHC	1				1
Midtown MHC					
Adult and Child MHC					
Gallahue MHC					
BehaviorCorp MHC					
Physician/Healthcare Professional					
Psychiatrist					
Adult Probation					
Juvenile Probation					
School Referral					
Private (Self) Referral					
Church/Faith-Based Agency	4				4
Other	3				3

<b>Community Agency Referrals to Forest Manor - Neighborhood Based Program</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
Cummins MHC					
Midtown MHC					
Adult and Child MHC					
Gallahue MHC					
BehaviorCorp MHC					
Physician/Healthcare Professional					
Psychiatrist					
Adult Probation					
Juvenile Probation					
School Referral					
Private (Self) Referral					
Church/Faith-Based Agency					
Other	1				1

**Forest Manor– Number of HAP Registrations in Quarter**

<b>Q1</b>	<b>Q2</b>	<b>Q3</b>	<b>Q4</b>	<b>Total</b>
0				0

## ***Forest Manor Center Report***

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**Current Therapist:** Amber Bevars, Therapist & NaKaisha Tolbert-Banks, Program Manager

### **Consumer Related & Center Activities**

- **\*Special Note:** The program Therapist was hired for Forest Manor in June 2010. The Therapist was terminated from the position/CMHC August 30, 2010. The position is again vacant with Forest Manor. There were some general concerns with the overall Therapist performance in her position with the program. Several meetings occurred with Therapist to attempt to address concerns, and also regular communication with the CMHC occurred as well.
- Program Manager is now in the process of staffing the position.
- A new Therapist, Amber Bevars, was brought on to the program June 7, 2010 through Cummins. Ms. Marsh, Executive Director and Program Manager worked diligently interviewing candidates for the Forest Manor position.
- The Program Manager continues to market the programming at the Center by distributing brochures at local meetings, and through education by emails, etc. Staff of the center also provides information to clients re: mental health program and the services provided within the program. Amber also created new flyers for services she will be providing at Forest Manor.
- Services were provided for the Senior groups at Forest Manor as well as the summer camp program. Amber stated that the groups went well, however, had some scheduling glitches in providing services ongoing. This was due to her late start with the program into beginning summer programming.
- Amber conducted 10 initial intakes during 1<sup>st</sup> quarter.

### **Staff Related Activities**

- Amber began working with staff to become oriented with the various programs run through the center.
- Amber attended 0 staff meeting during 1<sup>st</sup> quarter as the staff meeting had been cancelled.
- Amber provided mental health education to 7 staff. Education was provided to staff re: anger management and stress management.

### **Community Education/Activity**

- Amber attended a community Back to School carnival during 1<sup>st</sup> quarter. She provided information re: Mental Health program and also information re: Forest Manor and the services provided through the center.

### **Monthly/Bi-Monthly Meetings**

- 7/20/2010 – Had a meeting with the Therapist at Forest Manor. Discussed programming and Therapist's orientation to the program. Therapist began working at Forest Manor the beginning of June 2010. Program Manager discussed responsibilities of Therapist, and requirements for the program. Program Manager aided Therapist in plan to provide additional services, and integrating more services with the program. Therapist was informed that we would meet again to review her status with the program in 3 weeks.
- 8/4/2010 – Quarterly Therapist meeting was conducted. Review of 4<sup>th</sup> quarter reporting for each center and the overall program was conducted. Each Therapist reviewed their center happenings, and also discussed cases that each Therapist and Program Manager could provide feedback and support of. Program Manager introduced new Therapist who began at Forest Manor in June 2010. Program Manager discussed deadlines for turning in all data and information for quarterly reporting, and had a discussion with Therapists re: timelines and

changes to current reporting timelines. Next meeting scheduled for early November 2010 by Becca Sigafus as Program Manager will be on maternity leave.

- 8/23/2010 – Amber Bevars – Therapist, Harry Johnson – Asst. Director, and NaKaisha met at Forest Manor to review current status with the mental health program. Therapist informed that she had been conducting summer groups with the summer programming, and was in the process of putting together a formalized anger management group. Discussed Therapist status with the program, and her level of comfort with the program, population she is working with, and her engagement with the staff in working as a team. Assistant Director also met with Program Manager and the Therapist to discuss and review Therapist status with the program. Assistant Director stated that he believes more collaboration could be going on with the mental health program and a couple of other programs at the center. We discussed a plan to get staff to refer more clients from a specified program to the mental health program, and discussed a design for the Therapist to work with the clients. Discussed reviewing status in one month to determine that referral system set up in house was working well, and was beneficial to clients as well as the flow of programming.
- 8/30/2010 – Met with Asst. Director at Forest Manor re: concerns with current program Therapist at Forest Manor, status of Therapist, and status of program.
- 0 CANS/ANSA were completed during 1<sup>st</sup> quarter. 0 staff meeting was attended. 10 intake assessments were conducted during 1<sup>st</sup> quarter.
- Next meeting September 2010.

**Program Summary – Hawthorne Center Stephanie Sanchez, Provider****I. Individual Sessions by Age Groupings:**

<b>Individual Sessions by Age</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
Age 0-6:					
Age 7-17:	3				3
Age 18-55:	37				37
Age 56+:	12				12
Not Listed:					
Totals:	52				52

**II. Individual Sessions by Sex:**

<b>Individual Sessions by Sex</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
Female:	32				32
Male:	20				20
Not Listed:					
Totals:	52				52

**III. Individual Sessions by Race:**

<b>Individual Sessions by Race</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
Hispanic:	2				2
African American/Black:	5				5
Caucasian/White:	45				45
Multicultural:					
Native American:					
Asian:					
Other:					
Not Listed:					
Totals:	52				52

**IV. Individual Sessions by Presenting Issues:**

<b>Individual Sessions by Presenting Issue:</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
Crisis:	1				1
Depression:	12				12
Schizophrenia/Bi Polar Disorder/Severe Personality Disorders:	23				23
Anxiety:	8				8
Domestic Abuse:					
Substance Abuse:					
Disruptive Behavior (Oppositional/Conduct):					
Attention Deficit Disorder:					
Psychoeducational:					
Interpersonal Relationships:	2				2
None Specified:					
Anger Management:	1				1
Adjustment Disorder:	1				1
Dual Diagnosis:					
Abuse Issues (Emotional; Psychological; Verbal):	3				3
Abuse Issues (Physical):	1				1
Case Management:					
Parenting Education:					
Totals:	52				52

### ***Hawthorne Center Summary - All Service Categories***

<b>Comparison of Total Number Service Category Sessions Versus Unduplicated Number of Persons Seen/Served</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
<b>Total Number of Individual Sessions:</b>	52				52
<b>Total Unduplicated Persons Seen (Individual Sessions):</b>	25				25
<b>Total Number of Participants for Family Counseling:</b>	6				6
<b>Total Unduplicated Persons Seen (Family Sessions):</b>	4				4
<b>Total Number of Participants for Couples Counseling:</b>					
<b>Total Unduplicated Persons Seen (for Couples Counseling):</b>					
<b>Total Number of Group Contacts:</b>	414				414
<b>Total Unduplicated Persons Seen (in Group):</b>	148				148
<b>Total Number of Phone Contacts:</b>	4				4
<b>Total Unduplicated Phone Contacts:</b>	4				4
<b>Total Number of Sessions/Contacts</b>	<b>476</b>				<b>476</b>
<b>Total Unduplicated Persons Seen/Served (across all categories)</b>	<b>176</b>				<b>176</b>

**\* NOTE:** where there are blank green spaces in the hour's report – that depicts no time worked during that week (vacation time). Also note in 1<sup>st</sup> quarter – due to cutting the quarter early, there are no hours entered for weeks 10-13 which will be hours for the month of September that will be added when 2<sup>nd</sup> quarter reporting is submitted.

### ***Hawthorne Center – Therapist Hours***

<b>Week Number:</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
1	24				24
2	32				32
3	32				32
4	32				32
5	16				16
6	32				32
7	32				32
8	32				32
9	32				32
10					
11					
12					
13					
<b>Totals:</b>	<b>264</b>				<b>264</b>



### ***Hawthorne Center – Referral Activity***

<b>Hawthorne Program Therapist Referrals to Community Agencies</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
Cummins MHC	5				5
Midtown MHC					
Adult and Child MHC					
Gallahue MHC					
BehaviorCorp MHC					
Physician/Healthcare Professional					
Psychiatrist					
Adult Probation					
Juvenile Probation					
School Referral					
Private (Self) Referral					
Church/Faith-Based Agency					
Other	2				2

<b>Community Agency Referrals to Hawthorne - Neighborhood Based Program</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
Cummins MHC	1				1
Midtown MHC	2				2
Adult and Child MHC					
Gallahue MHC					
BehaviorCorp MHC					
Physician/Healthcare Professional					
Psychiatrist					
Adult Probation					
Juvenile Probation					
School Referral					
Private (Self) Referral					
Church/Faith-Based Agency	1				1
Other	3				3

### ***Hawthorne– Number of HAP Registrations in Quarter***

<b>Q1</b>	<b>Q2</b>	<b>Q3</b>	<b>Q4</b>	<b>Total</b>
9				9

## ***Hawthorne Center Report***

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**Current Therapist:** Stephanie Sanchez

### **Consumer Related & Center Activities**

- Stephanie continues at Hawthorne. She continues to provide anger management and social skills groups for children and youth. She also provides services in group format for the seniors. Stephanie provided mental health programming to all age groups during the summer program. Summer ran the months of June and July. Stephanie informed that summer programming was very successful and fun this year.
- Stephanie continues to incorporate flyers that promote mental health program and services at the center. The flyers are posted in both buildings and in the receptionist area. Program Manager also continues to promote the program in meetings, and other avenues to talk about services that are being delivered at Hawthorne.
- Stephanie continues to support various center activities and events as they occur at the center. During 1<sup>st</sup> quarter, Stephanie participated in bully prevention week, counselor appreciate day, and the Hawthorne Center talent show.

### **Staff Related Activities**

- Stephanie also continues to educate the staff by increased awareness of various mental health issues with mental health education sheets. 6 staff was educated during 1<sup>st</sup> quarter. Education was presented re: grief and loss, parenting, ADHD, and aging.

### **Bi-Monthly Meetings:**

- 8/4/2010 – Quarterly Therapist meeting was conducted. Review of 4<sup>th</sup> quarter reporting for each center and the overall program was conducted. Each Therapist reviewed their center happenings, and also discussed cases that each Therapist and Program Manager could provide feedback and support of. Program Manager introduced new Therapist who began at Forest Manor in June 2010. Program Manager discussed deadlines for turning in all data and information for quarterly reporting, and had a discussion with Therapists re: timelines and changes to current reporting timelines. Next meeting scheduled for early November 2010 by Becca Sigafus as Program Manager will be on maternity leave.
- 9 CANS/ANSA's were completed during 1<sup>st</sup> quarter. 4 staff meetings were attended. These meetings took place during summer camp. 7 intake assessments were completed during 1<sup>st</sup> quarter.
- Next meeting in September 2010.

**Program Summary – InteCare, Inc/Other Community Centers**  
**NaKaisha Tolbert-Banks, Neighborhood Community Services Program Manager**

**I. Individual Sessions by Age Groupings:**

<b>Individual Sessions by Age</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
Age 0-6:					
Age 7-17:					
Age 18-55:					
Age 56+:					
Not Listed:					
<b>Totals:</b>					

**II. Individual Sessions by Sex:**

<b>Individual Sessions by Sex</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
Female:					
Male:					
Not Listed:					
<b>Totals:</b>					

**III. Individual Sessions by Race:**

<b>Individual Sessions by Race</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
Hispanic:					
African American/Black:					
Caucasian/White:					
Multicultural:					
Native American:					
Asian:					
Other:					
Not Listed:					
<b>Totals:</b>					

**IV. Individual Sessions by Presenting Issues:**

<b>Individual Sessions by Presenting Issue:</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
Crisis:					
Depression:					
Schizophrenia/Bi Polar Disorder/Severe Personality Disorders:					
Anxiety:					
Domestic Abuse:					
Substance Abuse:					
Disruptive Behavior (Oppositional/Conduct):					
Attention Deficit Disorder:					
Psychoeducational:					
Interpersonal Relationships:					
None Specified:					
Anger Management:					
Adjustment Disorder:					
Dual Diagnosis:					
Abuse Issues (Emotional; Psychological; Verbal):					
Abuse Issues (Physical):					
Case Management:					
Parenting Education:					
<b>Totals:</b>					

***InteCare/Other Community Centers Summary – All Service Categories***

<b>Comparison of Total Number Service Category Sessions Versus Unduplicated Number of Persons Seen/Served</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>	<b>Total</b>
<b>Total Number of Individual Sessions:</b>					
<b>Total Unduplicated Persons Seen (Individual Sessions):</b>					
<b>Total Number of Participants for Family Counseling:</b>					
<b>Total Unduplicated Persons Seen (Family Sessions):</b>					
<b>Total Number of Participants for Couples Counseling:</b>					
<b>Total Unduplicated Persons Seen (for Couples Counseling):</b>					
<b>Total Number of Group Contacts:</b>					
<b>Total Unduplicated Persons Seen (in Group):</b>					
<b>Total Number of Phone Contacts:</b>	<b>3</b>				<b>3</b>
<b>Total Unduplicated Phone Contacts:</b>	<b>1</b>				<b>1</b>
<b>Total Number of Sessions/Contacts</b>	<b>3</b>				<b>3</b>
<b>Total Unduplicated Persons Seen/Served (across all categories)</b>	<b>1</b>				<b>1</b>

## ***InteCare/Other Community Centers Report***

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1. 7/2010 – Presented at the Indiana School Health Network conference. Presented Neighborhood Based Program, and educated attendees on community based mental health and addictions services/programming. Presented to 20 attendees in a breakout session.

### **UPCOMING Groups:**

2. Groups are conducted as scheduled with CAFÉ's senior center. Groups will be arranged after Program Manager returns from maternity leave in December 2010.

Next group meeting will be scheduled for December 2010.

## ***Program Manager Summary***

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### **Program Manager Activities – General Overview**

1. 7/7/2010 – Participated in a conference call re: celebrating mental health in various cultures. The call gave information from various mental health managers of programs that discussed the impact of mental health in their community, and programming conducted to meet the needs of individuals within various racial/cultural groups.
2. 7/9/2010 – Met with a NAMI representative to discuss current happenings re: Neighborhood Based Programming, and updates re: NAMI and upcoming programming with NAMI.
3. 7/13/2010 – Conducted a group observation at Hawthorne Center. Program Therapist conducted a bullying prevention group. Program Manager sat in on the group and assisted some of the children with the activities of the group. The group went well, and serviced approximately 25-30 children during the group.
4. 7/20/2010 – Had a meeting with the Therapist at Forest Manor. Discussed programming and Therapist's orientation to the program. Therapist began working at Forest Manor the beginning of June 2010. Program Manager discussed responsibilities of Therapist, and requirements for the program. Program Manager aided Therapist in plan to provide additional services, and integrating more services with the program. Therapist was informed that we would meet again to review her status with the program in 3 weeks.
5. 7/21/2010 – Met with a representative from the Julian Center to discuss the program, current services, and to obtain information re: current Julian Center programs.
6. 7/22/2010 - Presented at the Indiana School Health Network conference. Presented Neighborhood Based Program, and educated attendees on community based mental health and addictions services/programming. Presented to 20 attendees in a breakout session.
7. 7/29/2010 – Quarterly Advisory Committee meeting held.
8. 7/29/2010 – Met with a representative from Wishard Health Services to discuss program, current services, status of the program, and referral sources for the program. Wishard rep gave information re: programs that may be a referral source for the program.
9. 8/4/2010 – Quarterly Therapist meeting held.
10. 8/18/2010 – Participated in a webinar/conference call stemming from the 7/7 conference call re: celebrating mental health in various communities. The webinar/conference call focused on the African American community and mental health programming in those communities.
11. 8/23/2010 – Met with Program Therapist at Forest Manor to review current status with the mental health program. Therapist informed that she had been conducting summer groups with the summer programming, and was in the process of putting together a formalized anger management group. Discussed Therapist status with the program, and her level of comfort with the program, population she is working with, and her engagement with the staff in working as a team. Assistant Director also met with Program Manager and the Therapist to discuss

and review Therapist status with the program. Assistant Director stated that he believes more collaboration could be going on with the mental health program and a couple of other programs at the center. We discussed a plan to get staff to refer more clients from a specified program to the mental health program, and discussed a design for the Therapist to work with the clients. Discussed reviewing status in one month to determine that referral system set up in house was working well, and was beneficial to clients as well as the flow of programming.

12. 8/30/2010 – Met with Asst. Director at Forest Manor re: concerns with current program Therapist at Forest Manor, status of Therapist, and status of program.

## ***Program Manager Summary (continued)***

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### **2. Bi-Monthly/Quarterly Meeting Dates**

\*See each individual Center section for bi-monthly strategic plan meeting information.

- 7/29/2010 – Quarterly Advisory Committee Meeting held. I reviewed the 4<sup>th</sup> quarter and end of the year report with the Committee. Discussed overall outcomes for the FY. Those in attendance discussed overall programming conducted over the FY and what type of programming would be beneficial in the future years to come. A brief discussion re: expansion of the MH program took place. Discussed funding state of mental health within Indiana, and how the affects of future MRO could potentially affect the CMHC's as well as the program and whether or not there would be any impact. Committee members shared the happenings at their respective centers. The next meeting will be held in October 2010 by Geoff Buck as Program Manager will be on maternity leave.
- 8/4/2010 – Quarterly Therapist meeting was conducted. Review of 4<sup>th</sup> quarter reporting for each center and the overall program was conducted. Each Therapist reviewed their center happenings, and also discussed cases that each Therapist and Program Manager could provide feedback and support of. Program Manager introduced new Therapist who began at Forest Manor in June 2010. Program Manager discussed deadlines for turning in all data and information for quarterly reporting, and had a discussion with Therapists re: timelines and changes to current reporting timelines. Next meeting scheduled for early November 2010 by Becca Sigafus as Program Manager will be on maternity leave.

### **3. Outreach Strategy**

- 7/10, 8/10 - Program Manager continues to market the program at various community meetings, networking opportunities. I also encouraged the Advisory Committee to promote the program. The Therapists continue to market the program and services offered by providing brochures or flyers that are visibly posted within each community center.
- 7/22/2010 – provided mental health brochures re: Neighborhood Based Program at the ISHN conference.

### **4. Staff/Community Trainings/education -**

- 7/2010 – Presented at the Indiana School Health Network conference. Presented Neighborhood Based Program, and educated attendees on community based mental health and addictions services/programming. Presented to 20 attendees in a breakout session.
- 8/2010 – In-service for 10 staff at InteCare on positive mental attitude and mental health.
- Additional mental health education to be provided during 2<sup>nd</sup> quarter.

**Updates Regarding Funding Proposals (including timeframes and status)**

**Fund Development Contacts/Meetings:**

1. **7/2010** –
  - a. Met with Geoff Buck to discuss various avenues for increasing funding for the program.
  - b. Reduction of center stipends was conducted during 1<sup>st</sup> quarter.
  - c. Dollars from reduction to be used towards program expansion.
2. **8/2010** – Continued to review various fund development opportunities as it relates to applying for grants.
3. **8/2010** – Contacts made with Lake County agency re: providing information re: program and potential expansion into Lake County.

**Updates Regarding Funding Proposals (including timeframes and status)**

No proposals were submitted during 1<sup>st</sup> quarter.

\*There continues to be efforts to seek additional funding/grant sources on a regular basis. As new sources are found – they will be added to the list and reported to DMHA each quarter.



**GAF SCORES**  
**Abbreviated 1<sup>st</sup> Quarter Report**  
**(July 2010 – August 2010)**

<b><u>La Plaza (Melloy)</u></b>			
<b><u>Client Initials</u></b>	<b><u>Original GAF Score</u></b>		<b><u>GAF Score after 5<sup>th</sup> visit</u></b>
EG	55	+2	57
MM	58	+2	60
CT	52	+2	54
AG	52	+8	60
YG	55	+5	60
Difference in score 1 <sup>st</sup> to 5 <sup>th</sup> visit	272	+3.8	291

<b><u>Hawthorne (Sanchez)</u></b>			
<b><u>Client Initials</u></b>	<b><u>Original GAF Score</u></b>		<b><u>GAF Score after 5<sup>th</sup> visit</u></b>
TB	45	+4	49
AS	61	+3	64
DB	53	+3	56
TD	44	+4	48
MW	58	+4	62
Difference in score 1 <sup>st</sup> to 5 <sup>th</sup> visit	261	+3.6	279

\*Note: No scores were completed for 1<sup>st</sup> quarter for Forest Manor due to staffing changes and Therapist having not seen clients for more than 5 visits.

<b>Total Number of GAF's completed</b>	<b>Original score (ALL)</b>	<b>Percentage of original score (ALL)</b>	<b>5<sup>th</sup> Visit score (ALL)</b>	<b>Percentage of 5<sup>th</sup> visit score (ALL)</b>	<b>Increase of GAF Scores 1<sup>st</sup> to 5<sup>th</sup> visit</b>
10	533	53.3%	570	57%	+3.7%

**Note:** A portion of survey comments will be added below in each quarterly report submitted to the Division

- Always helpful.
- This is the best thing that has happened to me and my family. I thank God for this every day. Because of this, I am going to make sure that I give back so that I can possibly help others too! Thank you!
- Awesome
- I like coming here because I receive a lot of support.
- I want to thank the Therapist for the therapy and her patience and understanding because it has helped me during this time. With each appointment I am getting better.